Enhancing Clinical Expertise: Training Session on Pre-Eclampsia Awareness and Management

In Pakistan, the Maternal mortality ratio is 186 per 100,000 live births, with Preeclampsia and eclampsia responsible for around one-third of maternal deaths in tertiary care hospitals.

Greenstar, with its mission to promote quality and safe clinical practice, ensures the capacity building of its service providers regarding key components of family planning and maternal and child health.

In this regard, an enlightening session was conducted at Greenstar Head office about disease pathology, identification of danger signs, early diagnosis, and the need for the timely referral of patients with Pre-eclampsia. Dr Sadia Ahsan Pal (Consultant Obstetrician & Gynaecologist) led the talk and provided information about updated guidelines and protocols for prevention of pre-eclampsia. The session was aimed to enhance healthcare providers' ability to identify and manage pre-eclampsia through early detection, patient education, and evidence-based interventions.













