



Government of Sindh's commitment to Family Planning TCI-GSM program launch

On **16th September 2022**, The Government of Sindh in partnership with Greenstar Social Marketing (GSM) launched the TCI program at the office of the Minister of Health & Population Sindh in Karachi. The meeting was chaired by **Dr. Talib Lashari**, Technical Advisor CIP/PWD, and co-chaired by CEO GSM, **Dr Syed Azizur Rub. Dr. Yasmeen Qazi**, Senior Country Advisor – Bill and

Malinda Gates Foundation, **Mr. Ghazanfar Abbas**, Chief of the Party GSM-TCI, along with District Health Officers from all seven districts of intervention, FP focal persons, and other officials from the Department of Health, Population Welfare Department, PPHI, attended the event.



Program Design Workshop to prioritize the interventions in Sindh

On **22-25 May 2022**, program design workshop was organized in Karachi to prioritize the areas of interventions for improving family planning in urban slums, chaired by **Dr. Talib Lashari**, Technical Advisor at CIP. **Dr. Syed Aziz ur Rab**, CEO-GSM, Dr. Maheen Malik from TCI Global, **Dr. Saqib Shaikh**, Director of Health Karachi, **Mr. Ghazanfer Abbas**, COP of TCI Pakistan, and **Fawad Shamim**, GM Program GSM, **Waqar Memon**, the current DG of Health, **Dr. Kashif Khanzada**, Deputy Director PWD, and **Dr. Mukhtyar Memon**, DPWO West participated in the workshop.



MOU Signing ceremony with Population Welfare Department Sindh

On **15th September 2023**, TCI-GSM-Pakistan achieved a noteworthy milestone by signing a MOU with the Population Welfare Department (PWD), Government of Sindh.



Fortifying the Health System – Strengthening the frontline soldiers Enhancing FP Counselling Skills of Lady Health Workers (LHWs) in Sindh

LHWs from Karachi and Hyderabad completed two-day capacity-building workshop on family planning (FP) counseling skills, Led by the Department of Health. The training offers LHWs to mobilize communities, create demand for Family Planning services, and ensure effective client counseling. **Dr Raj Kumar** DHO South, **Dr Ashiq Hussain Shah** DDHO District South, **Dr Shakeel Qureshi** DHO District East, **Dr Aneela Noor** DDHO District East, **Dr Uzair Pirzada** -FP Focal Person District Central, **Dr Huma** FP Focal Person District West formally distributed certificates to the LHWs, acknowledging their commitment to improve FP Services in their respective districts. Total number of **1918 LHWs** were trained through these workshops. **Dr. Mukhtyar Memon**, DPWO West participated in the workshop.



Capacity building Workshop for Lady Health Supervisors – Master Coaches

To enhance family planning quality services in Karachi and Hyderabad, **135 LHS** received one day capacity building workshop to become Master Coaches on FP counselling skills. The LHSs were trained as Master Coaches on supervising techniques for LHWs and provide further cascade training sessions, bringing positive change and empowering FP services in their peripheral areas. **Dr Waqar Memon** – Director General Health, **Dr Farhana Memon**- Program Director LHWs program, **Dr Khalid Memon** DDG RMNCH Program participated in the capacity building workshops.



Strengthening Family Planning Services through Community Health Workers

The month of **Dec-2023**, two Hundred Community Health Workers (CHWs) “volunteers” were actively engaged by the Department of Health and Population Welfare Department. The Two-day’s of capacity-building workshops were being conducted for community health workers in Sindh to raise community awareness and to generate additional users for FP through door-to-door visits and counselling services in the community. The Training events were graced by the Department of Health, & Population Welfare Department, RMNCH program, & PPHI. Key attendees included **Dr Raj Kumar** DHO-South, **Dr Muhammad Afzal Odho** DHO-Korangi, **Dr Ashique Hussain**, DDHO-South, **Mr Naseem Abro** DPW-South, **Mr Farman Talpur** DPW-Korangi observed the sessions and distributed the certificates among participants.



Strengthening inter-departmental coordination - Sindh Population Welfare Department led the Capacity Building Workshop on PFPF & PAFP in Karachi and Hyderabad

Three days of capacity-building workshops on Postpartum Family Planning (PFPF/PAFP) were conducted in Karachi and Hyderabad. A total number of **187** service providers from the Department of Health (DOH) completed the training at JPMC Karachi and RTI Hyderabad, Master Trainers from the Population Welfare Department led the training sessions. District Health Officers (DHOs) observed the sessions, and distributed certificates among the participants. PFPF, / PAFP sessions emphasis on integrating family planning (FP) services with other healthcare areas such as the Expanded Program on Immunization (EPI), pediatrics, general outpatient departments (OPDs), and gynecology OPDs.



Resolving the Data Puzzle: Capacity Building Workshop for Master Coaches on Data Management DHIS & cLMIS in Karachi

On **1st December 2023**, The Department of Health in collaboration with TCI-GSM organized the "Capacity Building Workshop on Data Management, focusing on DHIS/ cLMIS," for Master Coaches in Karachi, The workshop was focused to develop thirty five master coaches on cLMIS/ DHIS. **Dr Talib Lashari** - Technical Advisor CIP Sindh, and **Dr. Abdul Hameed** Jumani - Director of Health Services Karachi, **Dr Saqib Shaikh** - Director Health Karachi graced the occasion as guests of honor. District Health officers and Data Focal Persons from Karachi and Hyderabad actively participated in the workshop. The Workshop provided a platform for profound discussions, knowledge exchange, and skill development in data management & reporting, with emphasis on managing DHIS cLMIS systems within the health sector regulated by the Department of Health.

Trickle-down Training

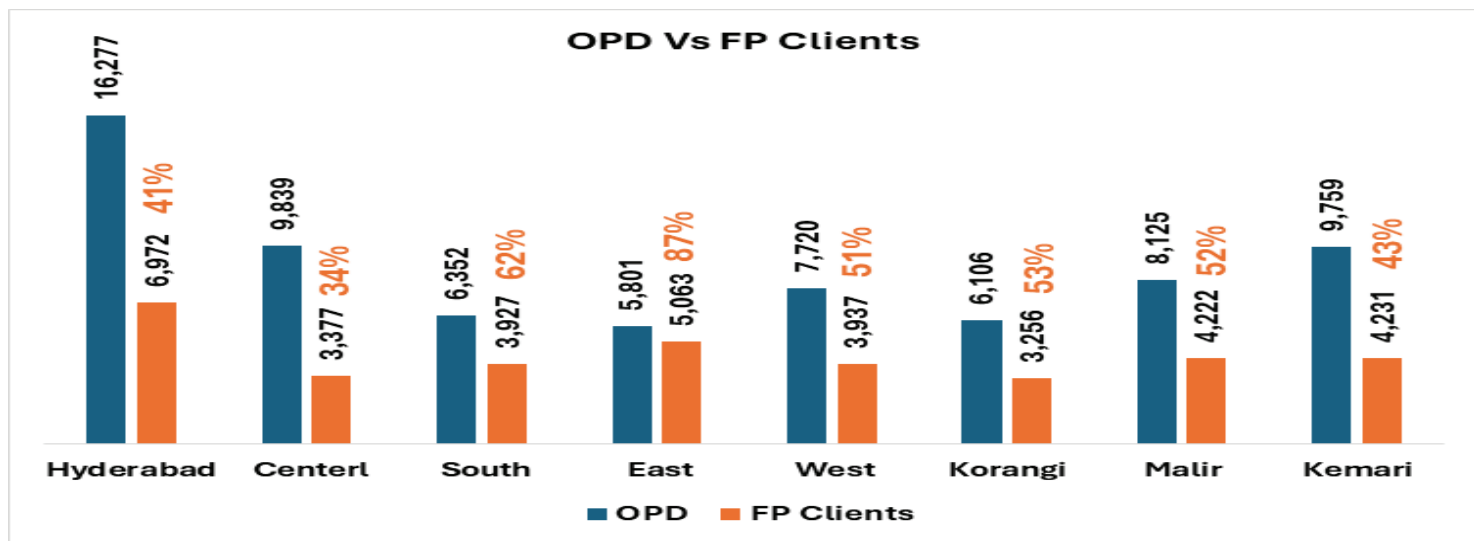
for facility-based staff on Data Health Information System (DHIS) & Commodities, Logistic Information System (cLMIS)

Around **150 facility** staff participated in the "Capacity Building Workshop on Data Management DHIS D& cLMIS" conducted by Master Coaches in Karachi and Hyderabad. This trickle-down effect promises to enhance data management practices and promote efficient reporting within healthcare facilities, ultimately sustaining family planning service delivery in the region.



Scaling up the family planning service delivery - Family Health Days (FHDs) attracting more FP Clients

FHD is a High Impact Intervention (HII) for strengthening facility based family planning services and prioritizing FP within regular service delivery. TCI supported **599 FHDs** in Q1-2024 in Sindh, organized by the Departments of Health, Population Welfare, and PPHI, on respective department's health facilities, marking significant progress toward nurturing healthier families and communities.



Whole Site Orientation (WSO) on Family Planning for Facility Staff

The Department of Health (DoH) conducted Whole Site Orientation (WSO) sessions for facility staff. The WSO is one of the proven high-impact interventions that ensure sensitization and orientation of every staff member of Health facility on family planning to foster an enabling and welcoming environment for the clients. A total number of **215 participants** were engaged including clinical and non-clinical personnel, security guards, and receptionists – to serve as advocates for family planning services.



Family Health Meela

On **29th February 2024**, The Population Welfare Department in collaboration of The Challenge Initiative (TCI) organized a mega event "Family Health Mela" at UHC 53 in North Karachi to promote Family Planning services in the district. **Mr. Shah Faisal Zaheer** - Director of CTL & S Population Welfare Department inaugurated the event while **Mr. Mukhtiar Memon** - DPWO was led to organize the event. Large number of community and Various other NGOs, partners, and stakeholders participated. **Dr Syed Ali Murtaza**, District Health Officer (DHO) visited the family health mela and appreciated the initiative to engage the community in promoting family planning services. **Dr. Arshad Memon**, the Medical Superintendent of UHC 5c3, admired the initiative for the promotion and quality services of family planning by the Population Welfare Department. A total of **117 clients** availed the family planning services during the health Mela.



Promoting Family Planning discourse

Family Planning Integration Event

On **20th January 2024**, the Department of Health organized a special event of community participation to raise awareness about Family Planning and FP integration within the RMNCH program, EPI, and nutrition services at Kakri ground near Kharadar Layari, Karachi. Many community members, public partners, notables, political figures, healthcare professionals including doctors, vaccinators, and community health supervisors, lady health workers, attended the event. **Barrister Murtaza Wahab Siddiqui** graced the occasion as the chief guest whereas **Dr. Raj Kumar** DHO Karachi South, **Dr. Ashiq Hussain Shah** DDHO Karachi South led the event. **Barrister Murtaza Wahab Siddiqui** expressed satisfaction on stressing the need for family planning to connect with community.



Distribution of the FP Equipment at Health Facilities

On **15th March 2024**, A formal FP equipment distribution ceremony was conducted at district Keamari, graced by Senator **Syed Waqar Mehdi**, & **Dr Saqib Sheikh** Regional Director, Health Karachi. One hundred health facilities received FP equipment including Implant kits, IUCD kits, and Infection Prevention kits among DoH and PWD health facilities. **Senator Waqar Mehdi** appreciated the initiative to provide quality services of family planning. **Dr. Saqib Sheikh** showed thanks to the district management team of District Keamari, DHO **Dr. Arif Rehman**, Additional DHO **Dr. Shazia Baloch** and ADHO **Dr. Jawed Hakro** for bringing Family Planning needs in the spotlight.



District Coordination & Integration Committee Meeting in District Central

The TCI team successfully mobilized the Population Welfare Department to organize the DCIC meeting in District Central, which had not been held for two years. The efforts were acknowledged by the Deputy Commissioner (DC), who praised TCI's efforts and provided the necessary technical support for arranging the meeting. District Coordination & Integration Committee meeting conducted at DC office chaired by **Mr Muhammad Asim Abbasi** – Additional Deputy Commissioner, District Central **Mr. Mukhtiar Memon**, District Population Welfare Officer of District Central facilitated the meeting. Stakeholders from various civil society offices and government participated like TCI-GSM, Willows International, Meezrab, the Social Welfare Department, the Department of Health Department, the Education Department, etc. All partners and stakeholders presented their performance related to family planning. **Mr Muhammad Asim Abbas** appreciated the performance of all NGOs and government departments regarding their efforts and contributions related to the uptake of family planning in District Central.



Pause and Reflect – Review Meeting



In a collaborative effort between District Hyderabad and TCI, a Pause and Reflect event was held at DPW Office Hyderabad. The event, chaired by **Bakht Ali Siyal**, the District Population Welfare Officer, reviewed the district's performance, recognized the contributions of outstanding individuals, and identified gaps to strategize for the future. Shields were distributed among staff to acknowledge their invaluable contributions, ranging from district-level officials to facility staff.



Population Welfare Department Engages Stakeholders in Technical Advisory Group

On **14th February 2024**, the first Technical Advisory Group (TAG) meeting was Chaired by **Mr. Rehan Iqbal Baloch**, Secretary of the Population Welfare Department. Representatives from the Population Welfare Department (PWD), Departments of Health (DoH), & Partners. **Mr Shah Faisal Zaheer** - Director CTL&S, **Dr. Nariman Baloch** - Director Medical, **Dr. Farhana Memon** - Project Director LHW Program, **Ms. Nasreen Gori** - Director PPSO- PWD, **Dr Mehwish Mubarak** - Deputy Director Clinics, **Dr Shama Iftikhar**, **Dr. Samina** - Willows International, **Dr. Rabia Ahmed** - PPHI, **Mr Mateen** - Vital Pakistan attended meeting. The meeting was facilitated by **Dr. Syed Aziz ur Rab**, CEO GSM, **Ghazanfer Abbas** - CoP TCI, **Zafar Ali Dehraj** - Provincial Lead, and the TCI Sindh region team. Secretary PWD acknowledged the significant performance of the TCI program and stressed the importance of family planning interventions HILLS in urban areas and reiterated the government's commitment to supporting such initiatives.



Promoting Maternal and Child Health through RMNCH Program

On **25th January 2024**, **Dr Farhana Memon** - Program Director LHWs program led the meeting with the TCI team at Karachi to accelerate Maternal & Child Health services through the RMNCH program. **Mr. Ghazanfer Abbas**, CoP TCI Pakistan, shared the updates of TCI & **Dr. Khalid Memon**, DDG RMNCH Program, offered valuable insights. **Mr. Zafar Ali Dehraj**, Provincial Lead TCI Sindh, **Dr. Sher Khan Junejo**, Additional Director RMNCH Program, **Mr. Kashif Khanzada**, Deputy Director RMNCH Program, **Mr. Mansoor Veesar**, BCC Sindh, and **Ms. Irum Imran**, MLE TCI, also participated in the meeting.



Religious Leaders Joined hands to run FP campaign



Mufti Sher Akbar the Imam of Masjid is taking the lead in advocating the importance of Family Planning (FP) in the community. Community Health Worker (CHW) **Nazish Parveen** identified Mufti sb as the potential advocate for a Family Planning campaign. With his support, **Mufti Sher Akbar**, effectively communicated the importance of FP services during sermons, addressing religious concerns on family planning. **Dr. Sadaf Jaffari** the FP focal person South Karachi lauded **Mufti Sher Akbar** efforts for raising awareness for FP within the community.

Population Welfare Department Engages Stakeholders in Technical Advisory Group

In order to celebrate a global day for women, TCI-GSM celebrated International Women Day at facilities and awareness walk was organized in collaboration with Government Health Department in all seven districts of TCI Interventions in Sindh. **Dr Huma**- Deputy District Health Officer District West & Focal person for FP, **Dr Uzair Pirzada**- Deputy District Health Officer, **Dr Javed Hakro**-Additional District Health Officer-District Kemari & FP focal person, **Dr Mohammad Arif Rehman** District Health Officer Keamari Led the activity in collaboration with TCI staff. Health Facility staff were actively engaged to recognize and celebrate the day in context of Mother and Child health and provision to Family Planning services and its accessibility to all the deserving females.



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